|  |
| --- |
| **STLS WEST AREA TRAINING** |

|  |
| --- |
| **AUTISM & ANXIETY** |

***COURSE OVERVIEW / OBJECTIVES***

Anxiety is one of the biggest challenges facing young people with

autism, their families and school.

This training aims to explore the understanding of mental health in autism and explores some methods of helping individuals recognise and manage their anxiety.

***DATE & TIME***

Monday 29th January 2024  
9.30 a.m. - 2.30 p.m.

***TARGET AUDIENCE***

SENCo’s, Teachers & Support Staff

***COST***

*£60 per person*

***VENUE***

|  |
| --- |
| ***THE HIVE,***  ***THE OAKS SPECIALIST COLLEGE***  ***CAGE GREEN ROAD, TONBRIDGE, KENT. TN10 4PT.*** |

***Please e-mail*** [***emma.holt@stls.nexusschool.org.uk***](mailto:emma.holt@stls.nexusschool.org.uk) ***to book a place.*7 days’ notice of cancellation will be required. Non-cancellation will incur the full charge**

A picture containing clipart

Description generated with high confidence[](https://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwj_9N2vwu7gAhWEyoUKHbL4B6wQjRx6BAgBEAU&url=https://hadlowpc.co.uk/hartlake-gravel-extraction/&psig=AOvVaw2Dto6-nUAiRfqqLABlh2Iy&ust=1551996143810850)******