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20th April 2020

Dear Parents/Carers and Staff,

Updates

- Here are some resources which you may find useful:
 - (1) The emerging minds website has a number of useful resources for families supporting children through current events, such as a video, resource sheets, fact sheets etc.
<https://emergingminds.com.au/>
 - (2) Dr Karen Treisman (Clinical Psychologist and Trainer) has produced a series of resources to help people and families navigate their way through the challenges they face right now.
<http://www.safehandstinkingminds.co.uk/covid-anxiety-stress-resources-links/>
 - (3) SENDcast is a weekly podcast focusing on Special Educational Needs (SEN). It has recorded podcasts that deal with supporting children with anxiety and one that specifically focuses on supporting children with SEN.
<https://www.thesendcast.com/bonus-corona-supporting-someone-with-anxiety-part-01/>
<https://www.thesendcast.com/bonus-corona-supporting-someone-with-anxiety-part-02/>
- We have been open today for the small number of pupil's that need to be in School. Thank you to our amazing frontline staff for 'being the difference' – we are incredibly appreciative of your support and commitment to the School and our families.
- Please visit our Facebook page to watch today's on-site team doing a 'TikTok' dance. Please feel free to set them a daily 'TikTok' challenge!!
- We would also like to sincerely thank the West Kent Disabled Children's Team for their generosity in donating us 50 facemasks; this equipment is essential for our staff and we are immensely grateful for their fantastic support.

Take care all.

Kind regards

The Senior Leadership Team

